



Conquest For Life
Improving the Quality of Life For All



ANNUAL REPORT 2018/2019

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About Us

Conquest for Life (CFL) was established in 1995 in Westbury, a township located 8km west of Johannesburg in South Africa. It was an initiative of a group of young people who came together with the aim of finding innovative approaches to social pressing issues facing their community and, in so doing so, make a significant difference in their lives, that of their community and country at large.

The organization has expanded its facilities by opening four new additional operational branches in other disadvantaged communities i.e. the community of Soweto, Ennerdale and surrounding communities. These dynamic communities have been crippled by apartheid effects such as discrimination, high mortality rate as a result of HIV/AIDS, high level of illiteracy and poverty.

It is evident that although these young people of these varied communities represent different cultural backgrounds, the disparities are prevalent cross-culturally. And there is a need for an urgent response to the challenges facing them and fostering of productive and supportive role models.

Conquest for Life (CFL) seeks to inspire young people to make a difference and to expose them to chance. Due to abject poverty many fall prey to the life of crime and despondency, as a result, anger, frustration and anti-social tendencies are released through random acts of violence, gang affiliation, crime, drugs and alcohol abuse.

Conquest for Life (CFL) aims to empower the youth through myriads of programs specifically designed to produce a safe and structured environment in which the youth can realize and have access to the life skills needed to enrich their lives.

Conquest for Life started in a dynamic, predominantly colored community characterized by unemployment rate of 80%, with high rate of school dropouts, extreme poverty, inadequate recreational and/ or extra-curricular facilities and high substance abuse, but how Conquest for Life has grown to be an NPO serving the needs of five communities in South Africa.



Our Mission

"To be a self-sustaining youth organization, run by young people, empowered to become agents of change by developing their identity, self worth, and a sense of community."

Our Objectives

- **Developing a Sense of Self**

Youth South Africans need time, space and a safe environment in which to pursue alternatives to their current lifestyles, attitudes and behavior. Conquest for Life has created and established this through a number of projects that give young people a variety of opportunities to redefine themselves from a minus to a plus, a failure to success and from nobody to somebody.

- **Strengthening Family and Community Structures**

Value Systems play a significant role in a family structures and family cohesion. It is for that reason that Conquest for Life invests in building and strengthening family and community formations by engaging all sectors of the community in a dialogue ensuring a holistic and sustainable approach to addressing community social pressing issues.

- **Youth Development & Empowerment**

Conquest for Life continues to empower young people through its projects and offer employment opportunities to some of its beneficiaries. Empowerment is done through gender advocacy, capacity building and skills development.

Our Vision

To facilitate the holistic development of young people so that they can be meaningful citizens who can contribute to the development of their communities



Chairman's Report

Not for profits all over the world are faced with various challenges including the sustainability of its survival. We are reading on a daily basis on how organizations have been affected by the recession and up until today many companies and countries are still feeling the pain of that process. Community based organizations are feeling it the worst as they are on the ground where it really matters. Conquest For Life is one of those organizations that have been affected but still it has the tenacity to fight back and show resilience.

The organization has done well considering the circumstances and challengers. The staff has managed to service its clients in the different communities and ensure that people are empowered to make informative decisions. Over the past years we had to close down our Orange farm Office and also shelf some of our projects because of no funding or in adequate funding. Some of the staff had to take on extra responsibilities to make sure that the organization is functioning.

Our programs continued to function despite the many challenges faced by our clients, staff and the organization. As the funding comes in for a specific program, we will then have to make a strategic decision at boards level.

A special thanks you to all the donors and supporters of Conquest For Life for your contributions over the past year and hope that you will continue to support and stand with us in making our communities and country a place for all to be proud of.

And finally big thanks to our staff members and CEO for continuing with the good work and making us proud citizens.



CEO's Report

The past year was a very challenging year for the organization and for myself as head of Conquest For Life. All of a sudden there was a wave of killings in our community as the gangsters are taking each other out. Unfortunately there was a number of ordinary people and children that got caught in the middle of the gang fighting. A number of innocent people got killed as a direct result of the gang fighting. Schools were also caught in the fire and after that particular incident most of the children stayed absent from school.

he community called on the police to take action but they were to slow. The community organized themselves and stay away's were called with other communities that facing the same challengers participate in the stay away. They burned down the Reya Viya station in Coronationville. This also had an impact on our programs as the children and participants stayed absent and did not come to attend the program. The Minister of Police visited the community and promised to crack down on the criminals. The community was quiet for a time after the intervention of the special units. The police are still monitoring the community.

Personnally I wsas in hospital for about 3 months and had to give the staff special instructions to keep the organization flowing. The staff have done a good job as everyone played the part. There was a few challenge but we managed to nip it in the bud. We are working on a succession plan for the organization.

A special thank you to all our friend and partners who stood by us and understand the challengers we went through over the last quarter of last year. You have encourage us to go on and make focused on the end goal. To the board and Chair of Conquest For Life I am proud to be associated with you. Thank you for your support and help. .



Our Projects

1. Youth Enrichment Project

1.1 Aftercare

The program aims to develop young and strong citizens equipped with essential skills to invest towards building a just and sustainable communities free of social challenges that would affect their childhood development. Children meet on a daily basis Monday to Friday afterschool at the different offices of Conquest For Life. They get assistance with their homework and problematic subjects, served with a plate of hot food and taught different life skills every day. Follow ups are done on a quarterly basis where the aftercare teachers have an opportunity to interact with their peers parents and also to see what the children have learned during the quarter and how they apply in their daily lives and environment.

We have seen tremendous success with the children becoming more confident in their treading. Math's and how they interact with their peers, other participants and family members. The challenge however remains the involvement and participation of parent and even family members. Parents remain committed for the first two months and thereafter their lose focus.



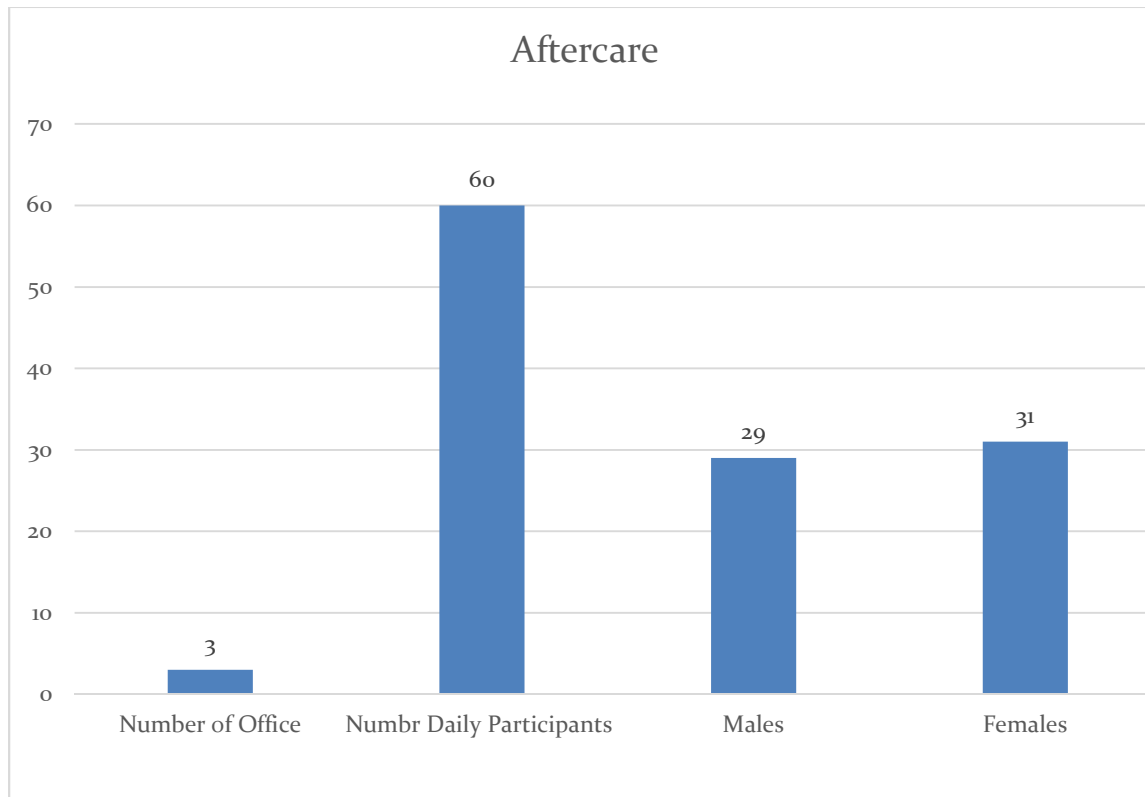
In the communities of Westbury, Newclare, Bosmont and Corronationville we had a lot of gang fighting and people killing each other. This had a negative impact on the attendance of the children, both at school and at Conquest For Life. There was a gang fight in front of one of the primary schools and one person got killed when the school came out. The following most of the children did not go to school as they feared for their lives.

Kendra's Journey

Kendra joined the aftercare two years. When she came to the Youth Enrichment Project she was shy and quiet and struggled with her maths. One of the aftercare teachers was very good at school with math's he took it upon himself to assist her whenever she had maths for homework. She passed her maths with flying colors. Today Kendra can do her maths on her own. Kendra is now the assistant teacher in the aftercare. She is helping her friends and fellow participants with maths. Kendra is no longer a shy person and has become very talkative especially when it comes to school work.

Uvenique's Story

Uvenique joined the aftercare about over a one year ago. She was a down to earth person and did not like to talk about her family. One day she came to the aftercare with a bruised eye and she informed the aftercare teacher that her mother hit. Upon consulting with the Social Worker and the Ceo the aftercare teacher was asked to pay a visit at her home and assess the situation ourselves. We discovered that the mother is an abuser and drinks a lot. The Social Worker was called in and put on the case. With the assistance of the grandfather we managed to move her to her fathers family where she is much happier and stable.



1.2 Just For Kids

The Just For Kids Project is a Experiential life skills Program taking place on a daily basis in different communities in a number of schools. The project take place during school time. The sessions seek to promote positive relationships and peace amongst people and children from all walks of life.

The Just For Kids Projects address daily issues the children might face at school and at home and uses play to teach life skills. Our biggest challenge is to let the whole school participate in the program due to lack of capacity and personnel. The children at school loves the program because they get a chance to be out of the classroom or to see a new face that is relevant to them and understand them.

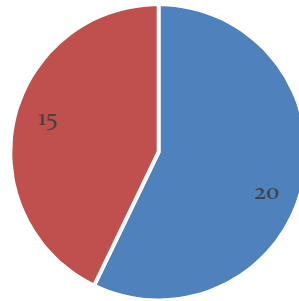
Melissa's Story

Melissa is a participant in the Just For Kids Project. During the project she was not participating at all and refused to answer any questions. The Just For Kids Facilitator sent her back to the classroom. After reporting the issue with Melissa to the class teacher we were informed that she has some anger issues because her mother left with the boyfriend and left her alone with her granny. As a result she just sits in the classroom, don't participate and fights with the other participants and class participant.



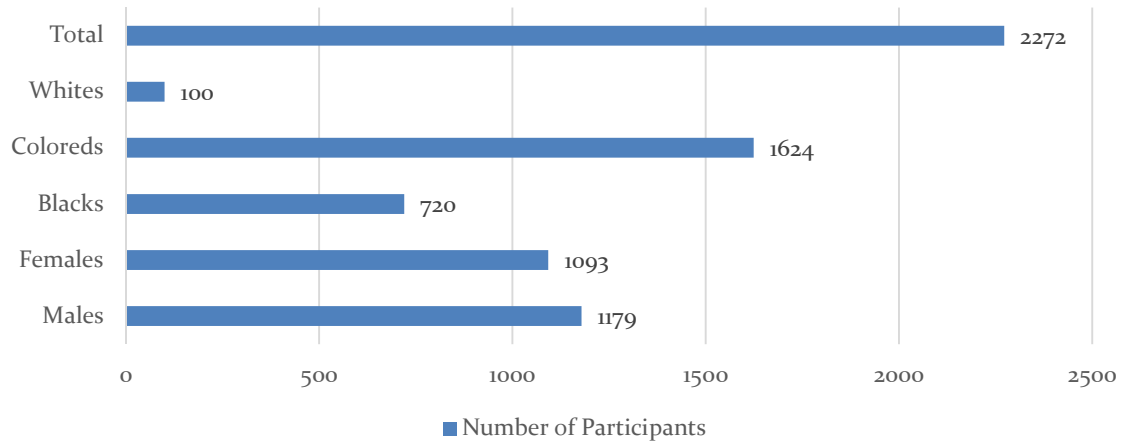
We allowed her to participate in the program and that's where we saw the real Melissa. She laughed, smile and interact with other participant. It looks like Melissa became free and the bondage has been broken. Every week when we returned to the school, Melissa is the first one that came to the school grounds where we run the program. It is really a pleasure to have Melissa in the program. It is very visible when when Melissa is absent or she is not in the class.

Just For Kids



■ Number of Communities ■ Number of Schools ■

Number of Participants



1.3 Youth to Youth



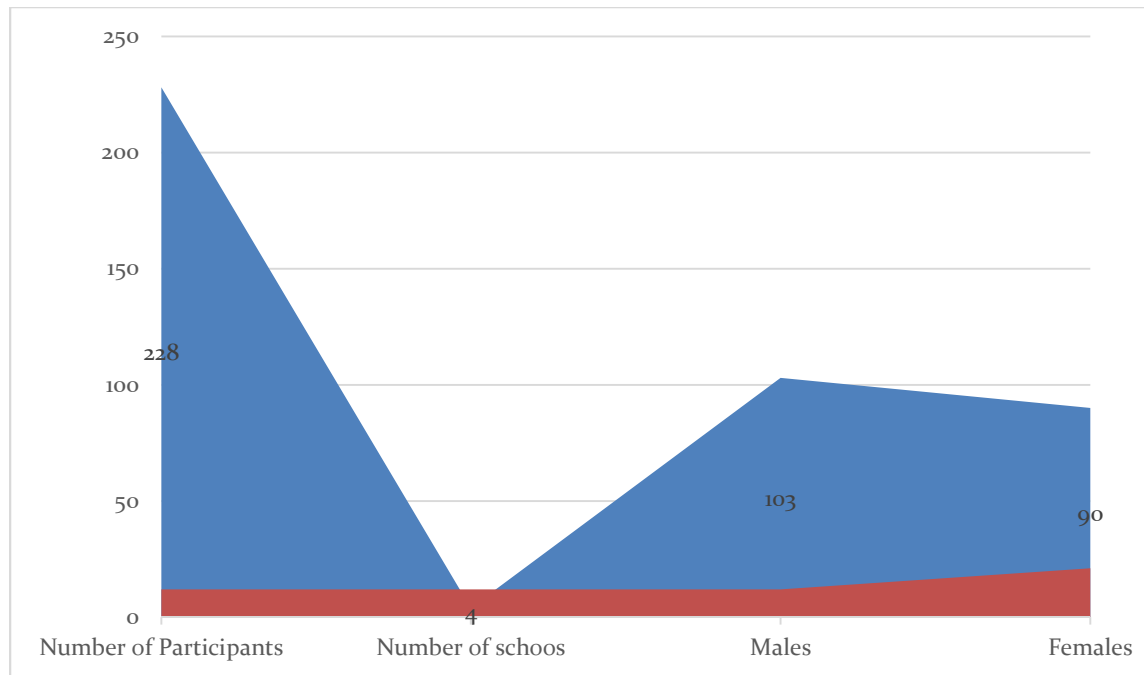
wanted to participate and play with the other participants. She was allowed back to participate and since that day she she cooperated and participated. She was aware if she makes one mistake she will not be part of the program. We informed the teachers about what we did and they are now using the method to discipline Vunene and other children. The other children at school did not like to play with her before but now they involving Vunen in other activities at school on a daily basis. We have Vunene as one of the Leaders in the class as deterrent to others who wants to disrupt the classes.

The Youth to Youth program is the same as the Just For Kids. We use the same concept and methodology as the just for Kids. Just for Kids is for the Primary School and Youth to Youth is for the High School. The young people in the schools don't want to be called kids, so we just changed the name to accommodate them and to make them more likely to participate.

Vunene's Story

Vunene is a participant in the Y2Y program. She was very naughty and playful in the classroom. In the beginning of the year the teachers informed us about her and her disruptive nature. The contact teacher at the school told us about how the other children at school are complaining about her. We allowed her to be part of the program but kept a close eye on her. During the program she would behave very well and loved to be called by her name. One day Vunene did not behave very well and even pushed one of the children. She was not allowed to be part of the program but rather watched how the other participate. She looked so lost and shameful as she





1.4 Holiday Program

Our Holiday program faced a few challengers over the past year. Most of the children go away during the school holidays to the homelands and on holidays. We have found out that a lot of children in school and in our program are either just visiting the community to attend school or they are not from the community. We have even taken the holiday program to the parks and different communities. You will only find children and young people in the parks and streets after 12. We have managed to get a couple of children together and taken them to Spur to play and eat.

Conquest For Life is thankful to the HCI Foundation for taking 60 of our children on a fun filled outing educational excursion to Gold reef City. The young people from Conquest For Life was paired with a varsity student for the day. They were allowed to share experiences and get to know each other .



2. Youth at Risk Program

2.1 Building Bridges Diversion

The Building Bridges Diversion Project is one of Conquest for Life's more intense programmes, targeted at youth in the community who are at risk of getting involved in gang related activities, drug abuse, and getting in trouble with the law.

Young people who are not allowed to be part of the solution will always be part of the problem. The building Bridges Diversion Program keeps young people accountable and responsible for their actions. Life skills topics covered in the Diversion program includes but is not limited to Goals and Dreams, Substance Abuse, Bullying, Conflict Management, Anger Management, Believing in oneself, etc.

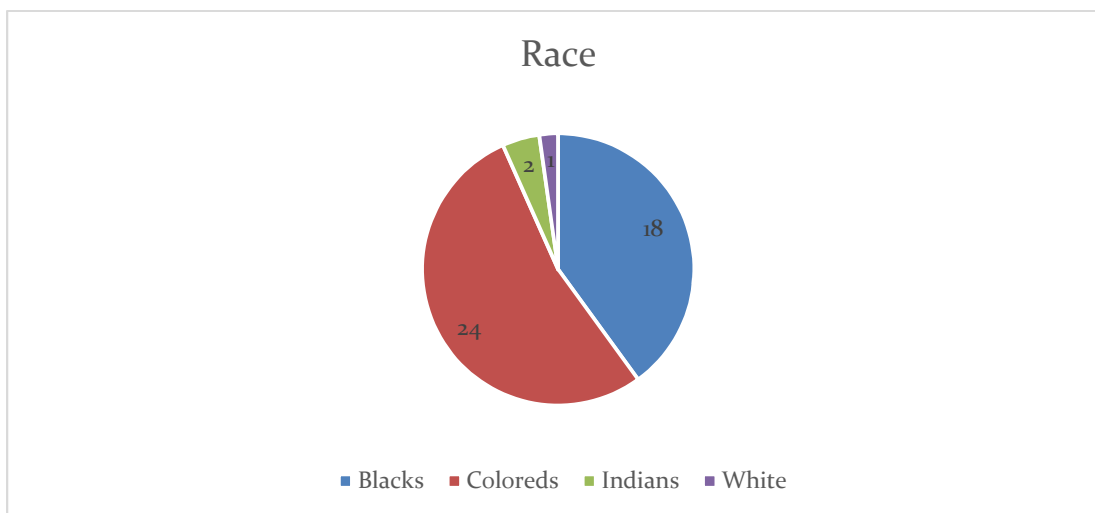
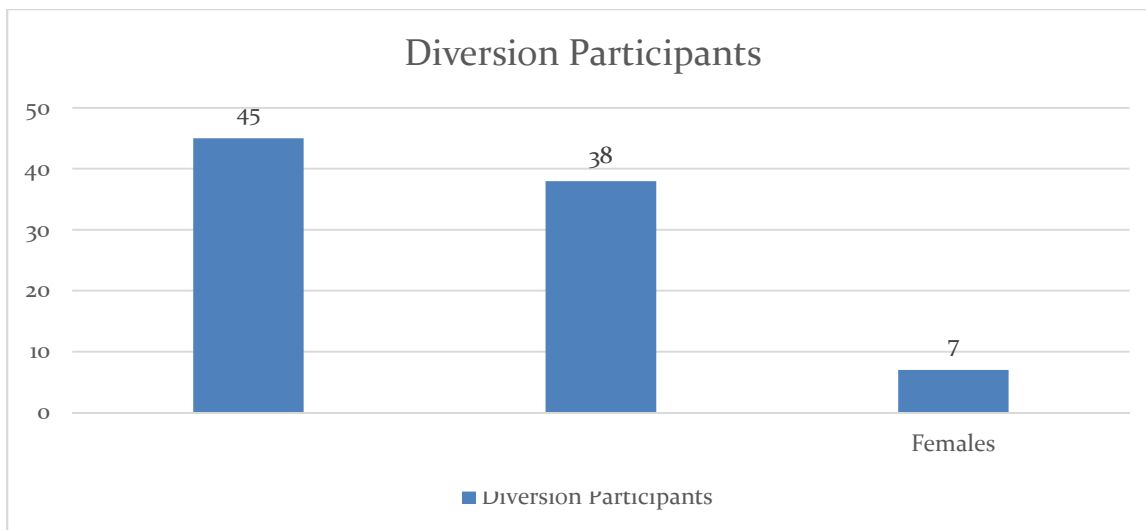
Bongumusa 's Story

Bongumusa is a young male who was in the Building Bridges Diversion Program for eight weeks because he assaulted a teacher at school after he told to take out his homework and refused to do so. He was expelled from school. His guardian went to school to go and pleaded with the principal and the SGB but they refused to take him back. He came to Conquest for life to attend the program and also asked us to intervene on his behalf at school. We did not promised anything but ask him to attend the program on a regular basis and comply with the Diversion program. During our follow ups we went to the school and spoke to the teacher who was assaulted and she did not want to hear anything. The same with the principal The principal told us that that Bonqumusa was a problem at school and he's got anger issues. We explain to the Principal what we doing in the Building Bridges Diversion Program .and how it will benefit both the school and Bongumusa. Bonqumusa was out of school for two weeks and after that he got a call from the school to come back. After that he came to the program very happy and informed us what happened and he was welcomed back to school. He completed the Building Bridges Diversion and the case against him was withdrawn. He's guardian came to thank us for helping him and speking to the school.

Thabng's Story

Thabang is a young boy and was referred to the Building Bridges Diversion program for assaulting a girl at school. He last saw his biological father when he was very small. He came to the program with a lot of issues and he's mother was very worried about him and his behavior. He had a tendency of fighting with other people. Due to his behavior and attitude he's mother developed high blood pressure. By attending the program Thabang started to explore more about himself and came to acknowledge his threatening behavior. He managed to express hoe he feels in an expectable manner. He understood how to managed anger and express his emotions without violence. He turned to focus on his school work and passed and hes teachers were very impressed concernING the change that has come over him. He got a position in school to monitor other learners.





2.2 Youth Development Program

The Youth Development Program focusses on young people at risk who are at school, out of school, unemployed and who wants to make a change in their lives. Most of the participants are referred from school because we can monitor them and keep them accountable for their actions and the decisions they have made.

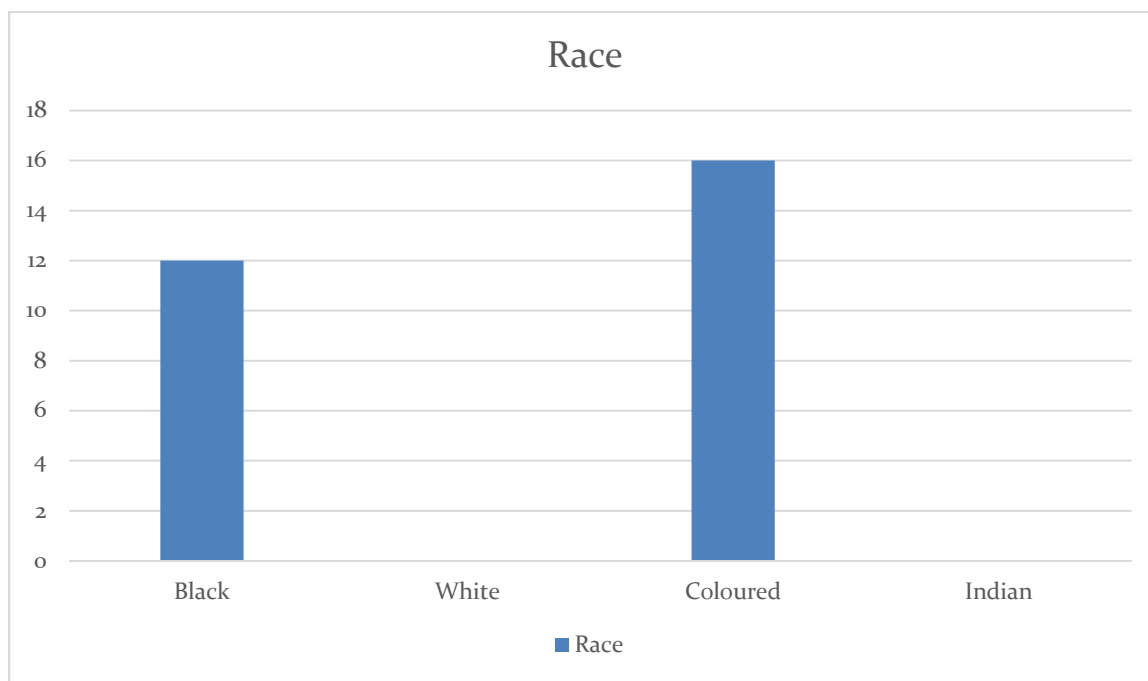
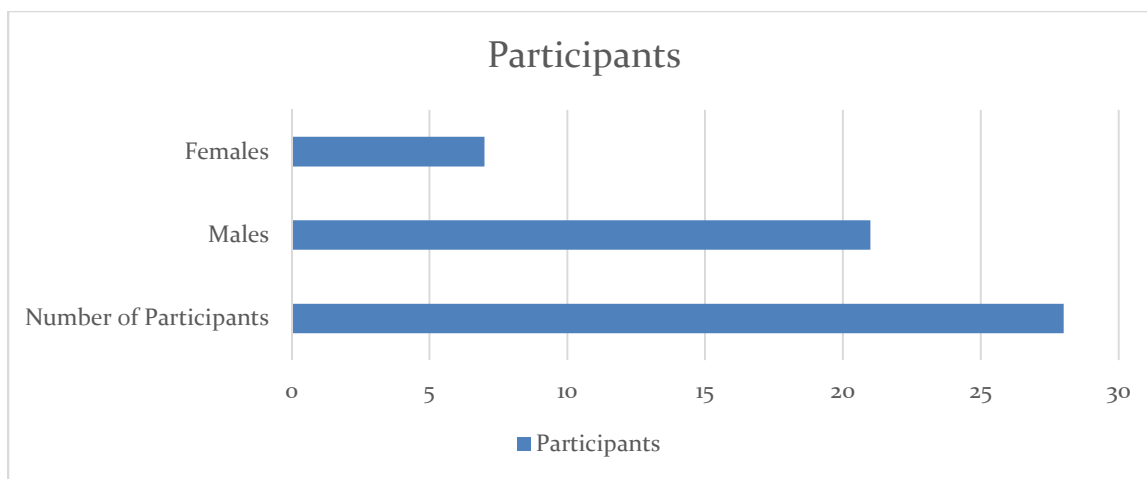
The Andries Story

Andries is a 19 year old young boy who was referred to the Youth Development Program because he smokes dagga. He has been smoking for a long time and he felt that life without smoking will never be easy. At first he was reluctant and tried to defend his addiction because he feared change. He did not take any responsibility for his life or his actions. He would take his spending money on a daily basis and buy dagga. When he got tested positive for smoking dagga, he's mother was shocked because she did not notice or see that her son is on something or smoking dagga. Through attending the program he started to deal with his experiences and at a conscious level and became aware that living under the influence of substances is not healthy. He discovered the consequences of smoking dagga and took responsibility to change his life. He stayed away from friends who were smoking dagga and devoted his time to his school work. He gained more confidence about himself and decided to live a sober lifestyle. He was tested again and he was negative.



Deelon's Story

Deelon was referred to the Youth Development Program for smoking dagga at school. His father was devastated and could not believe the results when his son was tested positive for dagga. The teachers were also not happy with the way he conducted himself at school. He associated himself with the wrong crowd and friends and he did not think of the negative impact of substance abuse. During the program he started to see life in a different way. He identified his weaknesses and started working on them. He was determined to learn from his mistakes and focus on his school work. He discovered who he is and what he wants in the future. He wants to be an accountant. Deelon started to cut off his friends whom he was smoking with and started a healthy lifestyle. He started attending the local gym. We did a random drug test and he tested negative for dagga. His father was very happy and appreciated the change of behavior in his child's life.



Our Funders / Partners



RB Hagart Trust



Frederick Wartenwell



SR & A Winer Educational and Benefit Trust

Financial Report

CONQUEST FOR LIFE NPC			
STATEMENT OF FINANCIAL POSITION			
at 28 February 2019			
	NOTE	2019 R	2018 R
ASSETS			
NON CURRENT ASSETS			
Property, plant and equipment		1 974 142	1 974 142
Intangible assets	4	1 910 035	1 910 035
Investments	5	62 192	62 192
	6	1 915	1 915
CURRENT ASSETS			
Cash and cash equivalents		686 141	503
TOTAL ASSETS		<u>2 660 283</u>	<u>1 974 645</u>
EQUITY AND LIABILITIES			
ACCUMULATED FUNDS			
		1 281 309	689 657
CURRENT LIABILITIES			
Trade and other payables	7	1 378 974	1 284 988
TOTAL EQUITY AND LIABILITIES		<u>2 660 283</u>	<u>1 974 645</u>

CONQUEST FOR LIFE NPC

STATEMENT OF COMPREHENSIVE INCOME
for the year ended 28 February 2019

	NOTE	2019 R	2018 R
INCOME		1 583 852	824 096
EXPENDITURE		992 200	1 217 022
		<u>591 652</u>	<u>(392 926)</u>
DEPOSIT ON PROPERTY WRITTEN OFF		-	(272 000)
SURPLUS/(DEFICIT) FOR THE YEAR TRANSFERRED TO ACCUMULATED FUNDS	8	<u>591 652</u>	<u>(664 926)</u>
ACCUMULATED FUNDS AT BEGINNING OF THE YEAR		689 657	1 354 583
ACCUMULATED FUNDS AT END OF THE YEAR		<u>1 281 309</u>	<u>689 657</u>

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